

## **Varsity Girls Swimming and Diving 2010:**

### Summer Swim and Dive Camps (Co-Ed; Girls and Boys):

- Cost: \$50, includes t-shirt
- Date: July 19<sup>th</sup>-23<sup>rd</sup>, 2010
- Location: SCMS pool
- Times: 8:30 am -9:45 am (7<sup>th</sup>-12<sup>th</sup> graders); 9:45 am-11:00 am (4<sup>th</sup>-6<sup>th</sup> graders)
- Please see attached flyer for registration information or call (810)845-0380

### Varsity Girls Fall Season Begins Wednesday, August 11<sup>th</sup>:

- No cuts, everyone is invited to join the team
  - Bring: swimsuit, goggles, towel, workout clothes and running shoes
  - Time: August 11<sup>th</sup>, 12<sup>th</sup>, and 13<sup>th</sup> (9:00 am-12:00 pm); August 16<sup>th</sup>-20<sup>th</sup> (9:00 am – 12:00 pm); rest of season TBA
- \*\*\*All athletes MUST have a current physical on file to practice. No exceptions!
- Swim/Dive meet schedule online at [www.highschoolsports.net](http://www.highschoolsports.net); please plan summer vacations accordingly.